



1st International Virtual Women Weightlifting Grand Prix



21. - 22. May 2021

Final Entry:
29th April 2021



Final Entry: April, 29th, 2021

Organizer:

De Klengen Stemmverein Diddeleng - Luxemburg

Info: Konrad Högg: women.weightlifting.grandprix@gmail.com

Mobil: 0043 – 660 – 36 35 156

Bank Account: IBAN AT26 5500 0119 0002 7363, BIC: SLHY AT 2S



1st Virtual International Women's Weightlifting Grand Prix

**Konrad Högg – Head of Organizing Committee,
Lanserhofstraße 32, Top 4
A-5020 Salzburg, Phone: 0043-660-3635156,
E-mail: women.weightlifting.grandprix@gmail.com**

Invitation to the 1st Virtual International Women's Grand Prix, with Virtual International Masters, Kids & Girls' Grand Prix, and Virtual International Open Class – unsanctioned – Weightlifting Grand Prix from May, 21th – 22nd, 2021.

Dear Weightlifting Federations and Clubs,

we sadly have to inform you that due to the Corona Pandemic the 17th International Women Weightlifting Grand Prix scheduled May 20th-23th 2021 at Düdelingen/Dudelange – Luxembourg had to be cancelled.

Since we got so many enquiries about this event in May 2021 we have decided to host a virtual Women Grand Prix instead: Competitors will execute three competition attempts each at their local training gym and send in video footage of all attempts and a filled out competition protocol which will be provided by us. National Records are only able to be recognized by National Weightlifting Federations if the competition protocol is signed by three approved judges.

Competitors have to register before April 29th 2021. Awards and certificates will be mailed to participating Federations and Clubs in early June 2021.

Yours sincerely,

Konrad Högg – Head of Organizing Committee
Claude Tritz – President of Club De Klengen Stemmverein Diddeleng



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Salzburg – Düdelingen, March 2021

Invitation: International Women's - Kids, Girls, Seniors, Masters and Open Class unsanctioned - Weightlifting Grand Prix - 2021

- Organizer: De Klengen Stemmverein Diddeleng - Luxemburg
Konrad Högg - Head of the Organizing Committee
Claude Tritz – President of the Club
- Date: 21th - 22th May 2021
- Admission: All athletes with a valid licence entered by clubs/federations using the enclosed form
- Competition specifications: Women's Grand Prix:
Athletes born 2006 or earlier (15 years and older)!
- Scoring by Olympic total in ten weight categories:
45 kg, 49 kg, 55 kg, 59 kg, 64 kg, 71 kg, 76 kg, 81 kg, 87 kg & +87 kg
- Girls' Grand Prix: (13 – 14 years)
Athletes born 2007 - 2008
Scoring by Sinclair points
- Kids' Grand Prix: (8 – 12 years)
Athletes born 2009 – 2013
Scoring by Sinclair points.
- Masters' Grand Prix:
35 – 39 years, 40 – 44 years, 45 – 49 years, 50 – 54 years and + 55 years, scoring by SHMF (Sinclair-Huebner-Meltzer-Faber) points.
- Open Class - unsanctioned:

The Open Class is open to athletes who do not hold a membership with their governing national weightlifting body, i.e. USAW, BVDG and the like. Athletes compete in the snatch and the clean and jerk using the International Weightlifting Federation (IWF) Technical and Competition Rules & Regulations (TCRR). Athletes

currently suspended for violations of anti-doping regulations in any sport are not eligible to compete at the Women Grand Prix.

Scoring by Olympic total in ten weight categories:

45 kg, 49 kg, 55 kg, 59 kg, 64 kg, 71 kg, 76 kg, 81 kg, 87 kg & +87 kg

If the number of competitors in one weight category is too small one winner for two or more categories will be determined using Sinclair points.

Team scoring:

Four athletes from one club, federal state or country, scoring on Sinclair points.

Premiums/prizes:

Women's Grand Prix:

The first three athletes in each weight category will be awarded gifts. All participants will receive certificates. The three best participants overall according to Sinclair points will be awarded trophies and prize money. The best overall athletes of the U-20, U-17 and U-15 Masters & Open Class will also receive trophies. The best three teams will receive special gifts.

Girls' Grand Prix:

The first three athletes overall according to Sinclair points will be awarded gifts. All participants will receive certificates.

Kids' Grand Prix:

The first three athletes overall according to points will be awarded gifts. All participants will receive certificates.

Masters' Grand Prix:

The first three athletes overall according to SHMF (Sinclair-Huebner-Meltzer-Faber) points will be awarded prizes. All participants will receive certificates.

Open Class – unsanctioned:

The first three athletes of each weight category will be awarded gifts. All participants will receive certificates.



Accreditation: Entry fees:
Kids & Girls (born 2007 – 2013): 30 Euro
Seniors – Masters - Open Class: 40 Euro

The due amount has to be paid to the bank account mentioned below not later than April, 29th, 2021 which is also the Final Entry date.

Account holder: Konrad Högg
Bank adress: Vogelweiderstrasse, A-5020 Salzburg
Bank: Hypo Bank Salzburg
IBAN: AT26 5500 0119 0002 7363
BIC: SLHYAT2S

Entry after 29th April 2021: The entry fee for entering an athlete later than April, 19th, 2021 is 60 Euros for Kids & Girls and 80 Euro for Seniors/Masters/Open Class.

Final entry date: 29th April 2021 (date of postage stamp or e-mail!)

Registration: By mail to:
Konrad Högg,
E-mail: women.weightlifting.grandprix@gmail.com
Entry forms are to be completed by the club/federation and entry fees have to be paid. The clubs/federations are responsible for their entries.

Other information: Participation in the competition is at each lifter's own risk.
The administrative and technical rules of the IWF will be applied.

Signed:

Konrad Högg – Head of the Organizing Committee
Claude Tritz – President of the Club De Klengen Stemmverein Diddeleng

Information :

1st place – 3rd place based on Sinclair points receive prize money

 **Restaurant
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Christophe LEQUY www.amarcord.lu
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L- 3475 Dudelange T 26 51 23 18



RESTAURANT Belle-City 美冠城
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